

Lady Admiral Basketball Skills Camp

July 13th-15th

Ages:

Rising 1st grade – Rising 8th grade
(campers will be divided into
groups depending on age and
ability)

Skills:

Ball handling, footwork, shooting,
passing, scoring, defensive
technique, rebounding

Activities:

We will have skill work, various
individual and team
competitions.

Competitions (with prizes):

- Ball handling
 - 1 on 1
- free throws
 - 3 point
 - hot shot

Camp Instruction led by:
Current Lady Admiral Coaches
Former Lady Admiral Players, and
Current Lady Admirals.



Each camper will receive a t-shirt
and pizza lunch on the last day.

Please bring lunch if you are
attending the All Day Session.

There will be prizes for winners of
different competitions.



Registration Link
Please click the link to fill out our
Google Form
[Lady Admiral Basketball Camp](#)

Sessions

Morning Only Session:
9am-12pm- \$75

All Day Session (bring bag lunch):
9am-3pm-\$125

Payment information will be sent at
a later date.

For More Information, please
contact:

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865-556-7493

